

Mozambique - Study of Nutritional Status and Diet in Adolescent Girls in Zambezia

University of Helsinki, Finland

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Overview

Identification

ID NUMBER

MOZ_2010_ZANE_v01_EN_M_v01_A_OCS

Overview

ABSTRACT

To explore the diet and nutritional status of adolescent girls in Zambézia Province, Mozambique, in two seasons and in different types of communities.

KIND OF DATA

Sample survey data [ssd]

UNITS OF ANALYSIS

Individuals

Scope

NOTES

The survey collected information on:

- SUBJECTS: information on the participants such as age, sex and geographical location.
- CONSUMPTION: information on all foods consumed by each participant in each survey day, including quantities and nutrient values. The population group covered in the survey was adolescent girls.

Coverage

GEOGRAPHIC COVERAGE

Sub-national coverage, both urban and rural areas.

Producers and Sponsors

PRIMARY INVESTIGATOR(S)

Name	Affiliation
University of Helsinki, Finland	

Metadata Production

METADATA PRODUCED BY

Name	Abbreviation	Affiliation	Role
Office of Chief Statistician	OCS	Food and Agriculture Organization	Metadata adapted for FAM

DDI DOCUMENT VERSION

MOZ_2010_ZANE_v01_EN_M_v01_A_OCS_v01

DDI DOCUMENT ID

DDI_MOZ_2010_ZANE_v01_EN_M_v01_A_OCS_FAO

Sampling

Sampling Procedure

The sampling was carried out in five areas: (1) Quelimane City, (2) the district town of Maganja da Costa (Vila de Maganja da Costa), (3) rural villages in Maganja da Costa, (4) the district town of Morrumbala (Vila de Morrumbala), and (5) rural villages in Morrumbala. Villages located within a 45 to 60 minute drive from the study centers (health centers and hospitals) were considered. The sampling was carried out in two stages: the 1st stage involved selection of neighborhoods or villages, and the 2nd stage involved the selection of households.

Weighting

Post-stratification sampling weights based on the total population of 15- to 19-year-old girls in the five study areas have been created after the field work.

Questionnaires

No content available

Data Collection

Data Collection Dates

Start	End	Cycle
2010-01-25	2010-06-06	N/A

Data Collection Mode

Face-to-face [f2f]

Data Collection Notes

The primary dietary assessment method was individual quantitative 24-hour recall, covering both week days and weekends. For 109 subjects, 4 survey days were recalled. In addition, a short, non-validated, seven-day FFQ (FPQ) not asking portion sizes was designed for this study to capture food consumption patterns for the period of one week. FFQ available at:

<http://urn.fi/URN:ISBN:978-951-51-1899-8>

Data Processing

No content available

Data Appraisal

No content available