

Philippines - Cebu Longitudinal Health and Nutrition Survey, 2015

University of San Carlos, Office of Population Studies Foundation (USC-OPS)

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Identification

SURVEY ID NUMBER

PHL_2015_CLHNS_v01_M_v01_A_ESS

TITLE

Cebu Longitudinal Health and Nutrition Survey, 2015

COUNTRY

Name	Country code
Philippines	PHL

STUDY TYPE

Individual Food Consumption/Dietary Survey [hh/ifcs]

ABSTRACT

Conducted by a team of researchers from the United States and the Philippines, the Cebu Longitudinal Health and Nutrition Survey (CLHNS) is part of an ongoing study on a cohort of Filipino women who gave birth between 1 May 1983 and 30 April 1984. The CLHNS was originally conceptualized as an interdisciplinary study of infant-feeding patterns, particularly focusing on the overall sequencing of feeding events (milks and complementary foods), on the factors affecting feeding decisions, and on how feeding patterns affect the infant, the mother, and the household. The study was subsequently expanded to cover a wide range of maternal and child health as well as demographic issues that could be well studied using a prospective, community-based sample.

The cohort of children born during that period, their mothers, other caretakers, and selected siblings have been followed through the subsequent surveys conducted in 1991-1992, 1994, 1998, 2002, and 2005. Research is now focused on the long-term effects of prenatal and early childhood nutrition and health on later adult outcomes, including education and work outcomes and development of chronic disease risk factors. In 2012 and 2015, the focus was on aging, so a follow up was done only on the mothers or women enrolled at baseline who gave birth between 1 May 1983 and 30 April 1984.

KIND OF DATA

Sample survey data [ssd]

UNIT OF ANALYSIS

Individuals

Scope

NOTES

The survey collected information on:

- SUBJECTS: information on the participants, such as age, sex and geographical location
- CONSUMPTION: information on all foods consumed by each participant in each survey day, including quantities and nutrient values

Coverage

GEOGRAPHIC COVERAGE

Sub-national coverage, both rural and urban areas.

UNIVERSE

The population group covered in this follow-up survey was adult women.

Producers and sponsors

PRIMARY INVESTIGATORS

Name
University of San Carlos, Office of Population Studies Foundation (USC-OPS)

Sampling

SAMPLING PROCEDURE

At the baseline survey conducted in 1983, a single-stage cluster-sampling procedure was used to randomly select 17 urban and 16 rural barangays from the 243 barangays of Metro Cebu identified in the 1980 census. The selected barangays, representing approximately 28 000 households, were surveyed to locate all pregnant women, who were asked in person to join the study. In 2015, only the mothers/women enrolled at baseline who gave birth between 1 May 1983 and 30 April 1984 were followed up.

WEIGHTING

No survey weights were used in this survey.

Data collection

DATES OF DATA COLLECTION

Start	End
2015-01-13	2016-05-02

DATA COLLECTION MODE

Face-to-face [f2f]

DATA COLLECTION NOTES

The methods used to collect the 24-hour dietary recall data were designed to reflect standard practice and were not validated in the sample. Women in the study were asked to recall each food they had eaten the previous day from the time they woke up to the time they went to bed. Prompts were included (e.g., "before breakfast", "breakfast", "morning snack", "lunch") to help participants recall each individual meal and snack. Meals and snacks eaten outside of the home were also recalled and recorded. To provide complementary information about the reliability of the 24-hour dietary recall, participants were asked to indicate the usual number of meals eaten, usual food items, and whether meals on the recalled day represented usual intake. "Usual" was defined as occurring at least three to four times weekly.

DATA COLLECTORS

Abbreviation	Affiliation
USC-OPS	University of San Carlos, Office of Population Studies Foundation

Access policy

CONTACTS

Name	Affiliation	Email
Food and Nutrition Division	Food and Agriculture Organization of the United Nations	fao-who-gift@fao.org

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CITATION REQUIREMENTS

USC-Office of Population Studies Foundation, Inc. (OPS); Philippines; 2015; Cebu Longitudinal Health and Nutrition Survey, Philippines, 2015 Follow-up Survey

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Metadata production

DDI DOCUMENT ID

DDI_PHL_2015_CLHNS_v01_M_v01_A_ESS_FAO

PRODUCERS

Name	Abbreviation	Affiliation	Role
Food and Nutrition Division	ESN	Food and Agriculture Organization of the United Nations	Metadata producer
Statistics Division	ESS	Food and Agriculture Organization of the United Nations	Metadata adapted for FAM

Data Dictionary

Data file	Cases	Variables
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