

# Democratic Republic of the Congo - Women First Dietary Recall Data: Sud- Ubangi, Democratic Republic of the Congo 2014/2016

**University of Colorado Anschutz School of Medicine**

Report generated on: June 19, 2026

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## Identification

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### SURVEY ID NUMBER

COD\_2014\_2016\_WFDRD\_v01\_M\_v01\_A\_ESS

### TITLE

Women First Dietary Recall Data: Sud-Ubangi, Democratic Republic of the Congo 2014/2016

### ABBREVIATION OR ACRONYM

WFDRD COD 2016

### COUNTRY

Name	Country code
Democratic Republic of the Congo	COD

### STUDY TYPE

Individual Food Consumption/Dietary Survey [hh/ifcs]

### ABSTRACT

The aim of the study was to estimate the dietary adequacy of the first trimester pregnant women participating in a multi-country nutrition trial (Women First).

### KIND OF DATA

Sample survey data [ssd]

### UNIT OF ANALYSIS

Individuals

## Scope

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### NOTES

The survey collected information on:

- SUBJECTS: information on the participants such as age, sex and geographical location
- CONSUMPTION: information on all foods consumed by each participant in each survey day, including quantities and nutrient values

## Coverage

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### GEOGRAPHIC COVERAGE

Sub-national coverage, only rural areas.

### UNIVERSE

The population group covered in the survey was adult pregnant women.

## Producers and sponsors

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### PRIMARY INVESTIGATORS

Name
University of Colorado Anschutz School of Medicine

## Sampling

### SAMPLING PROCEDURE

For sample selection, simple random sampling was used. A total of 960 women were enrolled into two study arms (Arms 1 and 2). From these, 240 women were randomized for dietary assessment, which was conducted through two 24-hour dietary recalls. The two recalls were conducted 2 to 4 weeks apart, once pregnancy was confirmed and prior to 12 weeks' gestation. Half of the women were randomized from Arm 1 and half from Arm 2, and the latter group's diet was assessed prior to commencing supplementation.

### WEIGHTING

No sample weights were used in this survey.

## Data collection

### DATES OF DATA COLLECTION

Start	End
2014-11-01	2016-04-30

### DATA COLLECTION MODE

Face-to-face [f2f]

### DATA COLLECTION NOTES

Dietary assessment of the participants was performed using two non-consecutive individual quantitative 24-hour recalls collected through paper questionnaires. Dietary recalls were collected on both weekdays and weekend days.

### DATA COLLECTORS

Name	Affiliation
Kinshasa School of Public Health (École de Santé Publique de Kinshasa)	University of Kinshasa (Université de Kinshasa)

## Access policy

### CONTACTS

Name	Affiliation	Email
Food and Nutrition Division	Food and Agriculture Organization of the United Nations	fao-who-gift@fao.org

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#### CITATION REQUIREMENTS

University of Colorado School of Medicine, Anschutz Medical Campus and their collaborators in Kinshasa, Democratic Republic of the Congo; Sud-Ubangi, Democratic Republic of the Congo; 2014/2016; Women First Dietary Recall Data

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## Metadata production

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#### DDI DOCUMENT ID

DDI\_COD\_2014\_2016\_WFDRD\_v01\_M\_v01\_A\_ESS\_FAO

#### PRODUCERS

Name	Abbreviation	Affiliation	Role
Food and Nutrition Division	ESN	Food and Agriculture Organization of the United Nations	Metadata producer
Statistics Division	ESS	Food and Agriculture Organization of the United Nations	Metadata adapted for FAM

## Data Dictionary

Data file	Cases	Variables
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